



Managing Your Time

WEEKLY CALENDAR

* Please fill in each time slot then record total hours at the top of the worksheet.

*Make sure to include all activities and travel time in your schedule.

Semester units 14 Study hours per week 13 Work hours per week 20 Hours in class 6

		Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
School Priorities	6:00 - 7:00 AM				Sleep			
	7:00 - 8:00 AM	Sleep						Sleep
Midterm in 1 Month	8:00 - 9:00 AM				Breakfast			
Club Meeting	9:00 - 10:00 AM					Driving		
	10:00 - 11:00 AM		Bio 2	Study	Bio 2	Study	Dental Appt	
	11:00 AM - Noon		Study		Study			
	Noon - 1:00 PM	Hiking			Lunch			
	1:00 - 2:00 PM	with Friends	Study	Math15	Study	Math15		
	2:00 - 3:00 PM		Comm1	Art1	Comm1	Art1	Study	
Personal Priorities	3:00 - 4:00 PM			Exercise				
	4:00 - 5:00 PM				Drivin			
	5:00 - 6:00 PM							Dinner with Friends
Finish Painting	6:00 - 7:00 PM	Study			Work			
Self-care	7:00 - 8:00 PM							
	8:00 - 9:00 PM							
	9:00 - 10:00 PM	video Game			Driving			
	11:00 PM - Midnight					Shower		
Weekly To Do List:	1:00 - 2:00 AM	Sleep			Sleep			Sleep
		Check Canvas for announcements						
		Prepare lunch for next day						
		Call to schedule Dr. Apt.						

