

# ACTIVE STUDYING

# FUN-DAMENTALS

INITIAL LEARNING	REVIEW & SELF-TEST FOR EXAM
<b>Attend</b> class and take notes on material covered.	<b>Revisit</b> your notes after class and recite concepts each week. Teach the concept to someone else (in a study group, or 1-on-1) or practice reciting aloud.
<b>Read</b> the textbook and take notes of main ideas while reading (use any note-taking style).	<b>Practice</b> summarizing concepts aloud or in writing. Describe connections between the main ideas, names, dates, vocabulary, and other concepts and ideas.
<b>Identify</b> steps needed to solve problems in the textbook.	<b>Work through</b> practice problems without looking at the answer or process.
<b>Focus</b> some attention on the pictures, graphs, and graphics in your textbook or notes.	<b>Redraw</b> information from memory, or practice explaining the concept they illustrate.
<b>Make up</b> test questions from texts, class notes, and other sources. What would you put on the exam if you were the instructor?	<b>Answer</b> questions, verify answers, and relearn information if you answer incorrectly. Did you get it right? Would you get full credit?
<b>Create</b> a concept map or comparison chart to map out ideas, information, and concepts.	<b>Practice</b> talking through concepts and their relationships to one another without looking.
<b>Fill out</b> existing study guides or create your own study guide.	<b>Quiz yourself</b> on study guide information (out loud or in your head)
<b>Make up</b> a practice exam based on sample problems and ideas from across all course materials and chapters.	<b>Take</b> the practice exam in test-like conditions, analyze your results & refocus on material you missed.
<b>Make</b> flashcards for key concepts, names, formulas, dates etc.	<b>Practice</b> your flashcards until you know the information in both directions (given side A, you can recite side B, and vice versa).

## EACH WEEK:

- Find connections between your textbook and the lecture/class discussion. What concepts overlap, connect, or seem most emphasized?
- Spend most of your time with the new material from that week, but also spend a bit of time revisiting prior week's problems, concepts, or topics. Regularly revisiting these will help you establish and retain them in your long term memory.
- Mix up ideas and concepts from different chapters when you review. This approach will more closely simulate a test scenario than if you review concepts in clumps.

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